

# Launching Our Adult Children at Halftime

By Lloyd Reeb

One of the priorities in our second half of life surrounds our family... to help our adult children thrive. We want our kids to not only be successful, but to live deep, rich, self-sacrificing lives in daily connection with Jesus.

We're not responsible 'for them' (their choices or their happiness) but we are responsible 'to them', to do our best to prepare them. In addition to modeling for them the kind of self-sacrificing life we hope they will live, we desire to launch them with a working knowledge and habits around the following topics (This is not a complete list and not in order of priority):

- Silence and solitude
- Prayer
- Sleep and Sabbath Rest
- The DNA of intimate relationships
- Conflict resolution
- Sustainable exercise habits
- Nutritional wisdom
- Budgeting & spending control
- Time management
- Car care
- Insurance
- How to sell
- Great questions
- Home care
- Cooking fundamentals
- Saving & investing
- Good listening
- Lifelong learning
- Golf
- Wise giving
- How to design an adventure
- Building trust
- How to travel well
- Leveraging the third party in your life
- Planning a vacation
- Painting a room
- Project management
- Decision making
- Goal setting

What should come off this list for your family? What needs to be added?

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